

THE POWER TO HEAL

The World's Finest Pulsed Electro-Magnetic Field Therapy

“PLAYING IN ONE MORE KEY GAME CAN BE THE DIFFERENCE BETWEEN MAKING THE PLAYOFFS AND WATCHING THEM ON TV.”

The PEMF-100 pulses an electromagnetic field into the body, which energizes the cells and assists the body in healing itself. This results in less pain, reduction of swelling, and increased range of motion in the affected areas.

Pulsed Electro-Magnetic Field (PEMF) therapy has undergone clinical studies on pain management for decades. Pain clinics, horse trainers, and sports teams use the device, experiencing excellent results. Additionally, PEMF has been used in Europe for 20+ years in over 400,000 sessions without notable adverse affects.

The first professional test with a PEMF device in North America was with the San Francisco 49ers of the National Football League. They saw positive results for a variety of ailments throughout the 2002-2003 seasons, including a reduction in games missed due to acute and chronic injuries. PEMF Therapy is now an everyday treatment in the 49ers training room, and a favorite among their players.

“I had a real sore heel. After one treatment I said “What did you do? My heel never felt this good!” I noticed a major difference the next morning after treatment”

Terrell Owens
Wide Receiver

Hermann Maier, three time World Cup and two time Olympic gold medal skier, almost severed his leg in a near-fatal motorcycle accident in August of 2001. After dozens of medical procedures, he was introduced to a PEMF device in Europe. In January of 2003, he won the World Cup Super G at Kitzbuehel, Austria in only his second race following his recovery.



Hermann Maier – Ski Champion

“No one expected him to walk again – let alone ski competitively. Winning world class races was never even considered. From now on, I’m treating every member of the team with PEMF Therapy.” - **Heini Bergmuller, Austrian Ski Team Manager**

CASE STUDY

Torn Meniscus

Name: Kevan Barlow

Position: Running Back

Jersey # 32

Date machine used: 11/24/02-12/5/02

Player reported Injuries: Left knee injury (torn meniscus); old back injury

Report:

In the trial period, Kevan used the machine two hours over a period of seven treatments. He came in for his first treatment (9 min) and reported pain in the back of his left knee. He also reported lower back pain from an old injury. After treatment, Kevan jumped off the treatment table and shouted "What did we do, my back feels great." Kevan reported that this was the first time his lower back had felt this good in years. Later that day, Kevan tore the meniscus in his left knee during the game. Kevin came in for treatment two days later (12 min) on crutches. He had surgery the day before to shave some of the meniscus from his knee. He was upset that the doctor's told him he could miss four games. He had major swelling in his knee after surgery. His range of motion with the knee was very limited as well. After treatment, Kevan reported his knee felt "nice and loose". Kevan came in two days later for his next treatment (18 min). The swelling was reduced on his knee. He said the treatments make his knee "feel much better." Kevan came in the next morning for a treatment (15 min) and the swelling in his knee had gone down even further. Kevan reported he felt his "range of motion getting better" in his knee. Kevan returned the next day for a treatment (12 min). Kevan said that his knee was "not as bad today." the swelling in his knee was reduced even further. Kevan returned for treatment the next morning (25 min). He said that he noticed a "range of motion increase since using this machine." And he was no longer limping or using his crutches to walk. Kevan also reported his knee "feels stronger every day." Kevan returned for his final treatment the next morning (24 min). Kevan said his knee was sore from a morning workout. After treatment, Kevan reported "I noticed significant pain reduction after treatment today!". Kevan returned to playing a week later. He was originally expected to miss about four games. He returned to action after missing only two games.

Overview:

When Kevan was first introduced to the machine, he was willing to try something "all the other guys tried." After his first treatment, Kevan became a major supporter of the machine. He noticed pain relief on his back injury that had been bothering him since college. Kevan also noticed many results on his knee. He consistently reported pain relief and an increased range of motion every time he was treated. Kevan also "recruited" his teammates to try the PEMF Therapy. Kevan's results: able to see his range of motion increase, while his pain and swelling was reduced. Not to mention that Kevan returned to action two games sooner than originally thought, thus cutting his recovery time in half.

Nerve Damage In Shoulder / Broken Foot

Name: Zack Bronson

Position: Safety

Jersey # 31

Date machine used: 11/27/02-12/5/02

Player reported Injuries: Broken left foot (screw in left foot), possible nerve damage in left Shoulder

Report:

Zack used the machine 2 1/4 hours over a period of 8 treatments. During the first minute of his first treatment (6 min), Zack noticed immediate relief of the ache in his left shoulder. He said that he felt it "go right to the spot" of where he thought he had nerve damage. Although the pulse was a bit discomfoting in his area of pain, Zack said he noticed immediate relief after the first treatment. The next day, Zack had two treatments (12 min and 18 min) He noted that his shoulder felt "much better" and he wanted to treat the shoulder and his foot today. Again, he noticed significant relief on his shoulder, and noted he "felt it directly in the area of his pain." In the next series of treatments (18 min, 18 min), Zack, said that his shoulder relief was starting to last longer and longer after treatments. He also noted that his foot/ankle area was "a little bit looser" and that he noticed minor pain relief in his foot. In his final two treatments (21 min, 21 min) He noted that his shoulder was "feeling great" and he would like to stick with the treatments.

Overview:

When Zack was first introduced to the machine, he seemed very skeptical. He was willing to try it because a few other players had told him that they had noticed relief from the machine. In a little over a week, Zack became a big believer in the machine. He was very excited to find something that "found" his area of pain, and he could feel it working directly on the area. He became a big proponent of the machine, and brought other players in for treatment. Even his attitude seemed to improve, as he seemed to feel as though he found something to help get him back on the field quicker.

Abdominal / Hip Pain; Dislocated Elbow

Name: Tony Parrish

Position: Safety

Jersey # 33

Date machine used: 11/19/02-12/5/02

Player reported Injuries: Abdominal/hip pain; dislocated elbow, partially torn biceps

Report:

Tony used the machine 2 1/2 hours over a period of 9 treatments. He complained of abdominal muscle pain, to the point that it would affect him most dramatically at night. He also noted that his hip and pelvic region had lingering pain from being "reset" in the off season. During the trial period, Tony dislocated his elbow, and partially tore his biceps muscle. Tony's chief complaint was that his sleep was interrupted by abdominal pain. After his first treatment (15 min), Tony noted that he "liked how he felt" and that he had "felt relief during sleep", as he did not wake up in the middle of the night. His second treatment (18 min) seemed to give him even more relief, as he wanted to treat his back and groin as well. He noted that after his second treatment, he was "more flexible in abs and groin area." Tony came in for a third consecutive day for his third treatment (18 min). He noted that his sleep pattern had gotten better, and he "seemed more energized." The fourth treatment Tony received (18 min). The

main difference in this treatment is that for the first time, Tony did not take a cold tub before treatment. He said that for the first time, he felt it "right on the abs" He noted that he had noticed minor groin relief, as well. Tony took a week off between treatments. When he came back for his first treatment in a week (18 min), he said that "He felt good the last week" and that the relief has been pretty good". The next day (the day before the game), Tony came back for another treatment (15 min) He noted that he "slept much better" last night. During the game, he tore the biceps muscle in his arm and dislocated his elbow. Tony came back for his next set of treatments three days later. Before his first treatment after this injury (24 min) the swelling was so significant on his right arm, that it was twice the size of his left arm. During treatment, the arm was a bit sensitive, as the injury was fresh. He said that there may have been a little return of range of motion, but he was not sure. Tony came to treat his arm again the next morning (12 min). Some swelling had subsided, as heavy bruising was evident. Although the area looked much damaged, Tony noted that the "range of motion was getting better." During the third consecutive day of treatment (18 min), his flexibility had improved, and the swelling was reduced, Tony felt his arm was well enough to play in that week's game, as well.

Overview:

Tony seemed to notice many positive results on him, as measured by his unprompted willingness to continue treatments. Tony was most pleased with the fact that he was waking up in the middle of the night with abdominal pain far less frequently than before. However, the results on his arm were far more significant. The use of treatments on his arm, in conjunction with the trainer's treatments seemed to have some significant results on him. So much so, that although in a cast, Tony was named NFL defensive player of the week, only one week after his injury occurred. Even the 49ers team website noted that "...although the elbow was markedly swollen the following day and the medical staff felt there was little chance he would play that week, Parrish persevered. Fitted with a special brace he helped the team clinched a division with two interceptions in the game against Dallas..." Tony was also given two awards for inspiration, courage and perseverance (The Eshmont Award, and the Ed Block Courage Award).

Shoulder Injuries

Name: Ben Lynch

Position: Center

Jersey # 60

Date machine used: 11/19/02-12/5/02

Player reported Injuries: Major lack of stability/pain in left shoulder

Report:

Ben used the machine 3 1/2 hours over a period of 14 treatments. He said his chief complaint was the pain in his shoulder, but more specifically he said, "The shoulder feels very unstable". During his very first treatment, Ben noted that he "Felt it right on the spot that had been painful" He also said the area was sensitive during treatment. He did note that right after his first treatment, he experienced minor pain relief. Ben had his second treatment the next day (21 min). He came in to report that he was "interested" in what we were doing. He wanted more energy this time and wanted to treat his entire shoulder area. After that second treatment, Ben noted that the shoulder was less painful, he felt a small return of range of motion and he felt good relief. Ben had a third treatment the following day (21 min). He said, "The area of pain is getting smaller." and said that he "likes the results he is getting". Ben had his fourth treatment (18 min) the next day. He said he felt "less groggy in the morning". Ben had a partial treatment (9 min) the following day and claimed that he felt less pain underneath the shoulder (the area he felt was unstable). The following morning Ben had a series of treatments (12 min, and time unknown)

He said that he "feels good and notices improvement in the shoulder." Ben also noted that he "wakes up early" now, something he never used to do. Ben did not treat the next day because it was game day, however he came in extra early the day after the game and with the trainers help got a treatment (24 min). He noted that "His right shoulder was sore after the game (new injury)", but it felt "much better right after treatment". Ben went on to say that "He knows this (treatment) is good for him." For the next two days, Ben came in for a partial treatment (9 min, 9 min) He said that "It seems he needs less energy now" and that he has "noticed significant improvement since his first treatment" Ben also noted that his left shoulder soreness is a "different type of sore now" and it is more and more stable. Ben came in for longer treatments for the next two days (21 min, 21 min). He reported that he notices "stabilization is better" and he "just has muscle soreness instead of pain now" In fact he went on to say, "The muscle soreness is not like the pain he had before the treatments" and he "notices pain relief right away". The next day, Ben had a shorter treatment (12 min). He said he "notices a difference before and after treatment". During his final two treatments, Ben commented that he "has noticed great relief since treating" and that "the stability in his shoulder is good".

Overview:

When Ben was first introduced to the machine, he was very open to trying this type of treatment. He had an ankle injury a few years back. Ben said that different types of treatments had not worked on it, but an alternative practitioner with the use of an acupuncture type device had been the only thing to relieve his pain. From the very beginning, Ben seemed to get results from the treatments, as indicated by his continual use of the machine and the fact that he made a strong effort to continue his treatments by treating on his own. Ben treated 6,5 and 4 consecutive days, his treatment days only interrupted by game day It became obvious that he was receiving tremendous results by his reduction in pain, his improvement in range of motion, and the return of stabilization to his left shoulder. He would be the first to speak of the benefits of PEMF Therapy and what the energy has helped his body do.

Shoulder Injuries

Name: Josh Shaw

Position: Defensive Tackle

Jersey # 93

Date machine used: 11/24/02-12/5/02

Player reported Injuries: Left shoulder injury

Report:

In the trial period, Josh used the machine 11/4 hours over a period of six treatments. Josh came in for his first treatment and reported his left shoulder was "really sore." Josh said he had taken a hit during practice a few weeks back, and the shoulder had not felt the same since. During the treatment, Josh reported he "feels it in the shoulder a lot." After the treatment, he reported that his shoulder "felt warm and loose." Josh returned for treatment two days later (12 min). He said his left shoulder was still sore, but he "felt some relief" from the last treatment. After the treatment Josh again said it felt "warm and loose." Josh returned later that day for a second treatment (15 min). The first treatment of the day made his shoulder "feel better", so he wanted a second treatment after practice. After the treatment, Josh said that his shoulder "wasn't really that sore anymore." Josh returned three days later for his next treatment (9 min). Josh reported that his left shoulder "has no more pain." He also said that he didn't really have pain today, but it "feels looser today." Josh returned for treatment three days later (12 min). He reported that his "shoulder range of motion was great today." After treatment Josh reported that his shoulder "feels pretty good. He also noted his shoulder was not as sore during treatment. Josh returned for his

final treatment two days later (12 min). Josh said his shoulder "has been getting better and feeling stronger lately." He also noted that he "really enjoys treatments."

Overview:

When Josh was first introduced to the PEMF Therapy, he was willing to try it because his roommate, Jerome Davis used the machine. From the first treatment, Josh felt the machine go right to his area of pain and he noticed an improvement in the range of motion of his shoulder, and his pain area was reduced. Josh also noticed that the nerve damage that caused his shoulder muscle to spasm seemed to subside greatly.

Lower Back Pain / Fracture

Name: Eric Johnson

Position: Tight End

Jersey # 82

Date machine used: 11/21/02-12/5/02

Player reported Injuries: Lower back/ Lumbar; upper left and right hip

Report:

In the trial period, Eric used the machine 2 1/2 hours over a period of 10 treatments. His chief complaint was back pain in the lumbar area, and on his upper left and right hip. During his first treatment (12 min), Eric reported that "there was pain during treatment in certain spots," but he said that immediately after treatment he "Felt instant relief on his back pain." Eric jumped up at the end of the treatment and started hopping on either leg as to cause the back pain to happen. He was surprised that he had no more pain and said "I could play right now" but, he also wanted to know how long the pain relief would last. Eric came in the next morning for his second treatment (15 min). He reported that he "is pleased with the results" so far. Eric also reported that "it is still intense during treatment, but the back feels better." Eric came in two days later (the day before the game) for his third treatment (12 min). He noted that his back "was feeling better in the morning". He also said that "the back is still sore, but I notice a difference from the first treatment to now", and that he "gets the most relief right after treatment." Eric came in the day after the game for treatment (6 min). He said he "had a little pain on game day, but it felt good in the morning". Eric came in to treat after practice two days later (12 min). He reported that it was painful after practice, so he came in specifically to get some treatment. Directly after this treatment, Eric again noted immediate relief of his back pain. Eric came in again the next morning for treatment (18 min). He asked to add his chest and top of head to treatment from now on. Again, Eric reported that he has "immediate relief right after treatment." He said that he very much "enjoys the machine pulses". He reported that the original source of pain (left hip/back area) had subsided, but he still had pain in the right area. Eric came in the next day for his third day of treatment in a row (12 min day before the game) He said that he "had some soreness today after practice, but not like before" He also noted that his "back felt better today before treatment, but great after treatment". Eric came in the day after the game for treatment (15 min) He reported that his back was "still feeling better". Eric noted that it was "not as painful during treatments" Eric went on to say that he thought he got a minor concussion during the game. After treating his head, he said "It felt good". Two days later, Eric came in for another treatment (27 min). He was very happy his injury was healing and reported his back was "tremendously better". He also reported that his "head felt good today". Eric had his final treatment the following morning (18 min). He said he had a new injury (turf toe) and wanted to treat it as well today. He reported that his "back pain was much better" than it been before treatments.

Overview:

When Eric was first introduced to the machine, he was frustrated that his injury had lasted so long and that he had not played in quite sometime. Eric noticed many positive results on himself. Every time his back pain would flair up, he came in on his own for treatments, and experienced pain relief. He noticed that from his first treatment to his last, he had a great reduction of pain, coupled with an increase of range of motion. His back was less painful after each treatment and the pain was less intense each time during the treatments. His behavior changed as his attitude became more and more positive after each treatment. As his back felt better, he was able to practice and play in the games. Even after the first treatment, when Eric "hopped around" trying to "re injure" his back, his attitude improved because he knew he had found something that would help him return to action sooner. During the trial period, Eric became a strong proponent of the machine as exhibited by his willingness to come for treatments of his own accord and his encouragement of other players to try the machine.

Plantar Fasciitis; Groin Injury

Name: Terrell Owens

Position: Wide Receiver

Jersey # 81

Date machine used: 11/20/02-12/4/02

Player reported Injuries: Very sore right heel (plantar fasciitis); Right groin

Report:

In the trial period, Terrell used the machine 31/4 hours over a period of 9 treatments. His chief complaint was a painful right heel. He said that "it was sore to make cuts and turns on." During his first treatment (12 min), Terrell reported that the "treatment felt good." He noticed that he walked with far less of a limp than before the treatment. Terrell came in the next day for treatment (15 min). He reported that the heel "was still sore walking on it", but was surprised that his pain "didn't come back in the evening" as it had been doing before treatment. Terrell came in the next day for his third consecutive treatment (15 min). The first thing he said was "What did you do? Its (his right heel) never felt this good." He seems to enjoy the treatments a lot, as he fell asleep during treatment today. Terrell came in the next morning for his fourth treatment in a row (12 min). He said that his "heel feels good" and that his "acceleration is better today." Terrell fell asleep during treatment again, and had to be woken up when the treatment was finished. Terrell came in for a fifth consecutive treatment the day before the game (24 min). He reported that the heel "feels better in the morning," and he "has a lot more range of motion." Terrell also reported that he "notices a major difference" from treatments. Terrell came in two days later for treatment (24 min). He reported that the heel "is feeling much better," and he "notices a difference" from doing these treatments. Terrell came in the day before the game for more treatment (30 min). He reported that his heel was sore after yesterday's practice, and his right groin was bothering him. When treatment was finished, he reported that he notices even more relief after treatment, and feels that "this thing is worthwhile." Terrell came in the day after the game for more treatment (30 min). He said his groin was sore after game day, but the heel was not bothering him like it had been. Terrell came in the day before the game for his final treatment (30 min). The first thing he said was that his groin and heel "feel better today," and he notices improvement" since the last treatment.

Overview:

When Terrell was first introduced the machine, he was unsure about how this was going to help his heel. He felt he had nothing to lose, so he thought he would give it a try. Terrell noticed he received immediate results from using the machine. Terrell's pain was reduced, his range of motion was increased, and by the time the trial period ended, he became a definite proponent of the machine. We can see this based on the fact that from his first treatment to his last, he repeatedly reported pain relief, and the duration of relief lasted longer and longer each time. He noted that his ability to accelerate and cut increased. Terrell also became active in the treatments of his teammates as well. He encouraged other players to get treatment, even telling J.J. Stokes to "put it on your back for ten minutes, it feels real good that way." Terrell obviously believes in the efficacy of PEMF Therapy.

Pulled Groin / Hip Injury

Name: Garrison Hearst

Position: Running Back

Jersey # 20

Date machine used: 11/20/02-12/3/02

Player reported Injuries: Painful right shoulder pulled right groin muscle, painful hips and left ankle (old injury)

Report:

In the trial period, Garrison used the machine for 2 hours over a period of 6 treatments. He said that his shoulder and groin were the main areas of pain, and the hip and ankle pain was intermittent. During his first treatment (21 min), Garrison said the treatment "relaxed him" and that he felt pain in his shoulder "right on the area" during treatment. Garrison came in for treatment the next morning (27 min). He noted that "the right shoulder feels better". Garrison also reported that his groin "seemed more relaxed and flexible today" He felt a little pain in his tailbone are during treatment, but said his hips were "feeling better" right after treatment. He noticed that the limp his groin injury had given him was far less pronounced after the second treatment. Garrison received his next treatment two days later (18 min), the day before the game. He reported that he has been "waking up feeling good" in the mornings now. He also noted that he is "feeling better" and he "relaxes when it's on my shoulder." Garrison had his next treatment the day after the game (18 min). He said that he did feel a difference from treating and noted that "I told Lindsay (Head Trainer) and all of them (Management) they need to buy this thing." Garrison knew the areas he wanted to treat before coming in today, and wanted to get rid of his "after game soreness." Garrison reported his body feeling better after today's treatment. Garrison did not come in for a treatment for the next five days but he reported that he was "feeling good" and didn't have any pain or soreness to treat. Garrison came in for his final treatment five days after his last one (30 min). He reported that his hamstring was doing "much better." Garrison also noted that he notices major relief in "both the shoulder and hamstring."

Overview:

Garrison had noticed great results from his treatments. From the first treatment, Garrison reported that he felt it "go right to the spot of pain" and he knew it was working. He consistently reported feeling relief after treatments in his shoulder and groin. Garrison also stated that he told several members of management that PEMF Therapy has made a difference on his injuries in the short time of the trial period.

Pulled Groin / Hip Injury

Name: Fred Beasley

Position: Running Back

Jersey # 40

Date machine used: 11/19/02-12/3/02

Player reported Injuries: Sore foot, right groin pull, and sore hip.

Report:

In the trial period, Fred used the machine 11/2 hours over a period of five treatments. He came in for his first treatment limping (12 min). Fred was wearing a soft case and his foot was too sore to walk on before his first treatment. During the first treatment, Fred reported "feeling it" in his lower back area when we treated his hip... When the treatment was finished, he said he had minor ankle relief and his groin "felt better." Fred came for treatment the next day (18 min). Trainers noticed that he could walk on his foot following the second treatment. He reported having relief in the heel of his foot. Fred came in the next day for his third consecutive day of treatment (15 min). He reported that his hip/groin area was "less painful". Fred also reported that his "foot seemed to be OK today" and noticed he no longer had a limp. Fred took a break from treatment and returned nine days later for his next treatment (12 min). He reported that his groin was sore again. After his treatment, Fred reported that his groin "feels better right after treatment" and he hopes the relief will last. Fred came in for his final treatment three days later (18 min). He reported feeling "better in the morning" now.

Overview:

When Fred was first introduced to the machine, Fred reported that "some of the guys told me to try this thing." Fred noticed that he experienced positive results on both his groin and foot. Fred reported feeling a return to his range of motion, and pain relief in his groin area. Fred received the best results when treating a few days in a row.

Pulled Groin / Hip Injury

Name: Jeff Chandler

Position: Kicker

Jersey # 3

Date machine used: 12/2/02-12/6/02

Player reported Injuries: Right hip pain

Report:

In the trial period, Jeff used the machine 11/2 hours over a period of five treatments. Jeff came in for his first treatment (9 min) and reported having a painful right hip. During treatment Jeff said he "felt it right on the spot" of his painful hip. After treatment, he said he "notices hip relief right away and it feels good." Jeff continued with treatments the next day (12min). He reported that his hip "feels better" this morning. Jeff also commented that he enjoys the treatments, and notices a difference from PEMF Therapy treatment. Jeff came in for his third treatment the following afternoon (30 min). He said he re-injured his hip during practice, and it was "very painful today." After treatment Jeff said he "felt relief during treatment." He said he was "more relaxed and in less pain after the treatment". Jeff came in the following morning to continue treatments (15 min). He reported that he "notices major relief" from yesterday to today, and he attributes it to PEMF Therapy. He was so pleased with his results; he asked to

increase treatments to twice a day. He gave himself a second treatment later on that day. Jeff came in the next morning for his final treatment (15 min). He said that his hip "felt fine" this morning. Jeff also reported feeling a lot better today, after treatment.

Overview:

When Jeff was first introduced to the machine, he was very willing to try it. He said he had seen his other teammates use the machine, and heard they had experienced positive results. Jeff noticed pain relief immediately after the first treatment. This was a pleasant surprise for Jeff to see results so quickly. He noticed that his continual treatments helped him reduce his hip pain, and maintain his range of motion. This pleased Jeff as his range of motion is critical to his success as a kicker. Jeff continually reported enjoying the treatments a lot, as evidenced by his consistent use of the machine upon introduction to it. In a short period of time, Jeff would recommend the PEMF Therapy to other professional athletes as well.

Elbow Inflammation

Name: Jerome Davis

Position: Defensive End

Jersey # 67

Date machine used: 11/27/02-11/28/02

Player reported Injuries: Painful/sore right elbow

Report:

In the trial period, Jerome used the machine half an hour over a period of two treatments. He said his roommate, Josh Shaw told him to "try this machine on his sore elbow." During his first treatment (12 min) Jerome reported "feeling it" right in the area of his elbow soreness. When the treatment was finished, he said the elbow felt "looser." Jerome came in the next morning for his final treatment (12 min). He reported that the elbow felt "looser in the morning." After this treatment, he noted that the elbow felt "warm and loose." He also noted that the shoulder stiffness he had seemed to be gone. He did say that the machine helped him.

Overview:

When Jerome was first introduced to the machine, he seemed eager to try it because his roommate had told him some of the benefits he received from using it. Although he only received two treatments, Jerome was able to notice some pain relief to his elbow.

Elbow Inflammation

Name: Tim Rattay

Position: Quarterback

Jersey # 13

Date machine used: 11/20/02-12/6/02

Player reported Injuries: Right elbow pain/inflammation

Report:

In the trial period, Tim used the machine 1 1/4 hours over a period of seven weeks. Tim came in for his first treatment (15 min) and reported having elbow pain, and some joint stiffness. After his first treatment, Tim reported he "felt a little better." He also reported feeling "more relaxed." Tim received a second treatment the following day (15

min). He asked to be treated on his elbow and his shoulder. During treatment, Tim mentioned having discomfort in his right shoulder during treatment. After treatment, Tim said he was "feeling better." Tim had his third treatment the following day (12 min). During treatment, Tim did say that he had "no pain on the right shoulder during treatment." Tim continued his treatments the next day (12 min). He reported that his elbow is "feeling a little better, but it goes in and out." Tim came in for treatment two days later (18 min). He reported that his elbow is "not as bad as it was in the morning." Tim also said he is "waiting for something dramatic to happen." Tim took a six day break from treatments. He returned for treatment (15 min) and reported that his arm has been "feeling better" since the last treatment. He also noted that he "notices pain relief in his arm sometimes." Tim came in the next day for his final treatment (12 min). He reported "feeling a bit better today."

Overview:

When Tim was first introduced to the machine, he seemed skeptical that a machine could help his elbow pain. His elbow pain was intermittent, so it was hard for Tim to describe all of his symptoms and the location the pain seemed to stem from. He noticed some positive results. He mentioned numerous times that he felt very relaxed during treatment and also noted having pain relief.

Sprained Ankle

Name: Ahmed Plummer

Position: Cornerback

Jersey # 29

Date machine used: 11/27/02-12/6/02

Player reported Injuries: Left ankle sprain (wore a "walking cast")

Report:

In the trial period, Ahmed used the machine 2 1/2 hours over a period of 9 treatments. Ahmed's treatments were given twice a day, with the exception of his last treatment. After the first treatment of day 1 (15 min), Ahmed noticed the ankle felt "a little bit looser" in the swollen area. When he came back for his second treatment that 1st day (15 min), Ahmed noted that the ankle was "feeling better already." He seemed relaxed and interested in what the machine was doing. The next day he had a series of treatments (18 min, 18 min). When he woke up that morning, he noted that the range of motion in the ankle was better, and he had some minor pain relief. After his second treatment of the 2nd day, Ahmed said his ankle was "not as painful and the movement was better because the soreness was going away." Ahmed re-injured his ankle in the game after this treatment. He came back to treat two days after the game. He noted that the ankle has been tender and sore ever since the game. He received two treatments that day (15 min, 18 min). After the second treatment that day, Ahmed reported that the ankle "Felt better after the A.M. treatment" but it "felt much better" after the second treatment that day. Ahmed came in for a series of treatments the next day (18 min, 18 min). The first thing he reported was that when he woke up, the ankle "Feels a lot better today." He also reported that after the first treatment of the day, he "noticed immediate relief" of his ankle soreness, and before his second treatment of that day, said "It feels better since the 1st treatment of the day." Before Ahmed's final treatment the next day, he reported the ankle is doing "much better" than before.

Overview:

When Ahmed was first introduced to PEMF Therapy, he seemed relaxed and very interested in what the machine was doing. He said that, "Word got around the locker room" to try this amazing machine. Ahmed obviously noticed positive results on himself, as supported by his

continual treatments of his own volition. He felt that if he had tried the machine sooner, he might not have re-sprained the ankle in the Seattle game. He continually commented about the positive effects and results he was receiving from treatments, especially his own recovery time from injury.

Sprained Ankle

Name: Derrick Deese

Position: Tackle

Jersey # 63

Date machine used: 11/19/02-12/6/02

Player reported Injuries: Sprained right ankle

Report:

Derrick used the machine 8 hours over a period of twenty treatments. He came in for his first treatment (12 min) and reported he had a severely sprained right ankle. He said the injury was a nagging one, and would not heal because he continued to play on it. He walked in on crutches with a pronounced limp the first day of treatment. During the first treatment, Derrick said the treatment "felt weird, but good." Derrick came in the next morning for his second treatment (30 min). He said he wanted a full thirty minute treatment today. Derrick reported that he "felt less pain immediately after treatment." Derrick received his next treatment the following day (30 min). When he came in today, he already knew the areas of his body he wanted to treat. He reported that he noticed relief in part of his ankle and the range of motion seemed better. Derrick continued his treatments the following day (30 min). Derrick came in the following afternoon for his fifth day of treatment (15 min). He reported that his "Left ankle is feeling much better." He also reported that he feels "Great in the morning", and he does not need to use his alarm clock anymore. Derrick also noted he was discussing this machine with his agent, and requested that literature on the machine be sent to him. The following day, Derrick came in for his sixth consecutive day of treatment (24 min). Derrick commented that his "sleep pattern is very good" and he seems more rested from treatments. After treatment, Derrick reported that his ankle "is not as painful as it should be for this type of injury." Derrick continued his treatments two days later (18 min, 30 min). He noted his ankle was "not as sore as usual" after the last game. After his second treatment of the day, Derrick reported his ankle was "much better." Derrick continued his treatments the following day with two sessions (18 min, 18 min). Derrick reported that when he woke up this morning he "had a lot less pain" in the ankle. He also noted that at night he "fell asleep a lot quicker." He also noticed that he does not limp like before his first treatment. Derrick also stopped using crutches to support his ankle. Derrick came in the next morning to continue his treatments (15 min, 30 min). He reported that he "felt a lot better today." Derrick also reported that he "seems to notice it helping him." During the second treatment Derrick noted that "treating two times a day seems to increase the pain relief." Derrick returned for treatment the following day (24 min). Derrick noted that he has "less and less pain each day." Derrick returned the day after the game for treatment (30 min). During the game, he re-sprained his ankle. Derrick reported that his ankle was "very painful after the game and it's (the pain) spreading up my leg." The fresh injury had caused some swelling to the ankle area. After the treatment, Derrick reported his ankle "feels better after treatment." Derrick returned for treatment the following morning (30 min). Derrick reported that his ankle was "feeling better already this morning." and his limp began to subside. During treatment, Derrick began to flex or "workout" the ankle. He said it was "a little bit painful" but he could feel the range of motion returning to his ankle when he did this during treatment. Derrick came in the next day for a series of treatments (21 min, 30 min). He immediately reported that his ankle "Felt good in the morning." And his area of pain was reduced. Derrick said that he enjoys the treatments, and he knows its working for him. After the first treatment of the day, Derrick also said that his ankle "felt a lot better after treatment today." The swelling in his ankle subsided dramatically. Derrick continued with

treatments the following day (21 min 30 min). Derrick noted that his "area of pain in the ankle is much reduced today." He consistently relaxes during treatment and comment after treatment today that he "felt relief from the morning until evening." Derrick came in the following day for his final treatment (15 min). He said he has noticed having a "good energy level" since treatments. Also, he said he feels much better in the morning from treatments. The swelling in his ankle was just about gone and he was no longer limping.

Overview:

By the time trial period ended, Derrick was the largest supporter for PEMF Therapy. In three weeks, he logged over eight hours worth of treatments, all of his own volition!! He brought at least three or four of his teammates in for treatments as well as he would often "yell" at teammates passing by, to "try this thing out." He and the trainers noticed many positive results on Derrick as well. In the 20 treatments he received, he saw a significant relief of pain. Derrick's ankle injury had been bothering him all season, to the point where he missed significant playing time throughout the season. Derrick noted numerous times, over a period of weeks that he feels pain relief each and every time he received a treatment. A significant reduction of swelling was also noticed. On a few different occasions, the swelling was reduced significantly immediately following treatment. In the trial period, he also discovered an increase in his range of motion. Derrick would continually "flex and stretch" his ankle area during treatment. The significance of this is that he was usually unable to walk on it, or flex it to this extent, before each treatment began. Only during/after the treatment could he "flex and stretch" the ankle.

Sprained Ankle

Name: John Engleberger

Position: Defensive End

Jersey # 95

Date machine used: 11/20/02-11/28/02

Player reported Injuries: painful right ankle

Report:

In the trial period, John used the machine a total of 30 minutes over a period of five treatments. He came in for his first treatment (3 min) and reported pain in his ankle joint. John left to go to a team meeting in the middle of his first treatment, so he only received a short treatment. The next morning John came in for his second treatment (9 min). John reported the ankle was "a little better" from the short treatment he received yesterday. He left after nine minutes to go to practice, but reported feeling better "right after treating it." John received his third consecutive treatment the next day (3 min). He reported that it was "still sore in the A.M. but it feels good after treating it." He had to leave treatment early for a team meeting, and he apparently completed the treatment that evening by himself. Two days later, John came in for his fourth treatment (6 min). He said that he noticed that his "ankle was looser," and that he "no longer had pain when pushing off the ankle." John came in for his final treatment four days after his last treatment (6 min). During the treatment, he reported that his range of motion was a little better" and that he notices that it "feels better every time" after treatment.

Overview:

When John was first introduced to the machine he was eager to try treatments because "Paula Abdul" had used the machine. John noticed some positive results from treating his ankle. He reported some pain relief in his ankle, and he felt some return to his range of motion.

Torn Knee Ligaments

Name: Jamie Winborn

Position: Linebacker

Jersey # 55

Date machine used: 11/26/02-11/27/02

Player reported Injuries: Torn left knee ligaments

Report:

In the trial period, Jamie used the machine for one hour over a period of two treatments. He came in for his first treatment (21 min) and reported he had a torn PCL, MCL and some nerve irritation on the knee. After his treatment, Jamie reported that the knee felt "warmed up and looser." He also reported that his range of motion seemed better as well. Jamie came in the next day for his final treatment (30 min). He reported that his knee "felt better today", and he noticed a return of range of motion when he woke up this morning.

Overview:

When Jamie was first introduced to the machine, he was eager to try something that his teammates were using to "get better." Although he only had two treatments Jamie noticed positive results in the limited time he treated. He noticed that after his treatments he had a return of range of motion to the knee area, and the knee seemed a lot less stiff. The main indicator was that Jamie was able to "explode" (run as hard and fast as possible) without major discomfort. Jamie said he was unable to do so before receiving the treatments.

Torn Knee Ligaments

Name: Terry Jackson

Position: Fullback

Jersey # 22

Date machine used: 11/28/02-12/5/02

Player reported Injuries: Torn ACL in right knee.

Report:

Terry used the machine one hour over a period of four treatments. He came in for his first treatment (18 min) and reported he had torn his Anterior Cruciate Ligament in his right knee. Terry was placed on injured reserve, thus ending his season. He had surgery around 2-3 months ago to repair the damaged knee. Terry also reported that since the injury, the knee has had limited range of motion, stiffness and it "took along time for it to get warmed up." Terry noticed that he seemed to relax during treatment. After the treatment, Terry reported his knee "felt looser and warmed up." Terry received a second treatment later that day (12 min). He said he came back for a second treatment that day because it was his day to "work" his knee, and the knee felt "pretty good since" the treatment. Terry said he "felt good" after the treatment. He returned two days later for another treatment. He reported that his knee flexibility was better, and he noticed "the range of motion was better in the morning today." After treatment, Terry said his knee "doesn't feel as stiff as it did before." Terry took a week break from treatments. He resumed treatment one week later (15 min). He reported that his knee "feels pretty good." Terry also noted that his knee "seems to have increased flexibility after treatment." and noticed he was now able to flex his knee pretty easily.

Overview:

When Terry was first introduced to the machine, he was open to the idea of using the machine. He watched other teammates get relief from treatments, so he thought he would "give it a try." While the results Terry received were not dramatic, he did notice some improvements. Terry noticed that his knee was much more flexible after treatment. Numerous times Terry reported feeling the knee "warmed up", something he had trouble doing since his knee injury.

Bursitis

Name: Eric Heitman

Position: Guard

Jersey # 66

Date machine used: 11/19/02-11/24/02

Player reported Injuries: major swelling; ruptured bursa in right knee

Report:

In the trial period, Eric used the machine a total of one hour over a period of five treatments. Eric came in for his first treatment (15 min) with a minor limp. He had major swelling and bruising on his right knee. He seemed frustrated that he was injured and didn't want to miss any playing time. After his first treatment, Eric said he, "Felt better than yesterday" and he noticed "A bit of range of motion return" to his knee. Eric came in the next morning for his second treatment (15 min). During treatment, Eric reported feeling "relief right away." When the treatment was done, he said he felt "range of motion improvement" in his knee. Eric came in two days later for treatment (15 min). He noticed right away that his swelling had been reduced. During his treatment, He reported that his knee was "getting better everyday." Eric came in for treatment the next day (6 min). and noticed that the fluid in his knee had broken up, and the swelling had been reduced.

Overview:

When Eric was first introduced to PEMF Therapy, he seemed very open to trying anything that could help him "heal faster." He reported feeling relief, range of motion increase and a reduction of swelling in a matter of days. His mood continually improved as his body began to heal itself, and it became clear to him that he would play in the next game.

Joint Stiffness / Neck Injury

Name: Matt Willig

Position: Tackle

Jersey # 77

Date machine used: 11/19/02-11/24/02

Player reported Injuries: right knee "joint stiffness"; concussion/neck pain

Report:

In the trial period, Matt used the machine 1 1/2 hours over a period of six treatments. Matt came in for his first treatment (15 min) and reported his neck was "sore and had a clicking sound." During After his first treatment, Matt said "It feels different" (his neck). He also reported having "minor relief" in his neck area. Matt came in the next day for his second treatment (15 min) and reported that he had "head relief and some neck relief." Matt came in the next morning for his third treatment (3 min) and reported that at practice yesterday his knee felt "warmed up" after

treating. Matt came in the next day for his fourth consecutive day of treatment (15 min). He reported that his knee "felt better this morning" and he feels "a lot more relief in the neck." Matt received treatment the next morning (9 min). He reported that he is "noticing relief and the neck feel OK." Matt also reported that his "knee is looser." Matt came in the next day for his final treatment (15 min). He reported that the knee is "not locking up on me; it feels great."

Overview:

During Matt's first treatment, he felt the machine go right to his area of neck pain. It startled him because he has never felt something go right to his area of need. Matt noticed positive results from his treatments. The stiffness in his knee was reduced as his range of motion increased. He also reported less and less neck pain as he continued with his treatment, as well as the "cloudiness" he experienced from the concussion was gone.

Viral Infection

Name: Dana Stubbelfield

Position: Defensive Tackle

Jersey # 94

Date machine used: 12/4/02

Player reported Injuries: Viral infection; old knee injury

Report:

In the trial period, Dana used the machine 24 minutes over a period of one treatment. Dana came in for his only treatment and reported he had a "virus", and he was "congested, achy and nauseas." PEMF Therapy was applied to his chest, back, head and right knee. During the treatment, Dana reported that his "Breathing improved right away." You could hear that the fluid was not clogging his lungs like before. Dana also reported that his "head felt much clearer" after treatment, and his right knee felt "warm and loose." The next morning he reported feeling "much more alert" when he woke up.

Overview:

When Dana was first introduced to the machine, he was hopeful that something could help make him feel better. Even though he only had one treatment, he noticed immediate results. The fluid in his lungs dissolved during treatment, allowing him to breathe easier. His "achyness" seemed to subside, as he reported his head had cleared up

Viral Infection

Name: Mark Anelli

Position: Tight End

Jersey # 85

Date machine used: 12/4/02-12/5/02

Player reported Injuries: Allergies

Report:

In the trial period, Mark used the machine 15 minutes over a period of two treatments. Mark came into the training room during practice. He left practice early because he had an "Allergy Attack." His face was swollen, his eyes were watering, and he had some breathing difficulties. The trainers couldn't find his medication, so he tried a treatment (6 min).

During the first minute of treatment, Mark exclaimed "This feels amazing!" When his six minute treatment was finished, Mark reported that his breathing was drastically better. He also noticed that the swelling on his face had subsided, and his eyes were no longer watering. Mark came in the next day for his second treatment (6 min). He noted that his chest was no longer congested as it had been all week long. Mark commented "It almost instantly cleared my allergies up."

Overview:

When Mark was first introduced to the machine, he was willing to try anything on his allergies. Mark said that when his allergies "attack" as they did before his first treatment, it usually renders him useless for the day. Mark was pleasantly surprised to see that after one six minute treatment, his allergy attack disappeared, and he was able to return to practice. Mark also noted an improvement in breathing, and reduction in facial swelling. He will continue to use the machine as he says it's given him the "quickest allergy relief" he has ever had.



The PEMF-100 benefits those who suffer pain from:

- Back and joint problems
- Edema and swelling
- Lack of circulation
- Multiple sensitivities
- Fibromyalgia
- Chronic Fatigue Syndrome
- Migraines & headaches
- Arthritis
- Any other kind of Pain...